

# ABOUT

## DR. CANADY

My name is Sita Canady, and I am a board-certified pediatrician who loves caring for babies, toddlers, and children of all ages!

In private practice since 2004, my years of experience allow me to provide exceptional care for my patients and families. From preventative health and wellness to simple sick or complex chronic illness, I will help you nurture and care for your children as you guide them to a happy, healthy adulthood. As your pediatrician, you will be able to count on me: a trusted, knowledgeable advocate who knows you and your family well.

My medical knowledge, coupled with my experience raising six children helps me relate closely to my patients and families. Licensed in Virginia and Maryland, I have expertise in all aspects of general pediatric medicine. I quickly put anxious patients and their parents at ease with my genuine understanding of their busy lives and my practical approach to health.



My residency at the University of Iowa provided incredible pediatric training directly from skilled mentors and physicians. In recognition of my commitment to patients and families, I was given the Sarah Riesz Award, “In recognition of compassionate management and communication skills in caring for children and their families in times of stress” and the “Above and Beyond Award.” My pediatric interests include pediatric endocrinology and growth concerns, sports medicine, asthma and allergy, and special needs.

Here’s an unusual fact about me: I love vacuuming. Also, I am a former homeschool mom! Currently, I live in Northern Virginia, with my dear husband, our three children still at home, and our dog Chelsea. Three children have graduated and are off to their own adventures! Our family enjoys the outdoors, soccer and spending time together playing board games.



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